GREATERMIDLAND COMMUNITY CENTER

FALL BROCHURE '26

AQUATICS





WELLNESS

COURT SPORTS





AND MORE!

DISCOVER THE MIDWEST'S LARGEST TENNIS AND PICKLEBALL FACILITY







> 32 courts — indoor & outdoor — for year-round play
> Expert coaching staff committed to all ages and skill levels
> Indoor & outdoor pickleball to keep you on the court in every season
> Proud home of the Dow Tennis Classic –
Ranked #3 WTA 125K event in the world (2024)
> Best Tennis Town in America, awarded by the USTA (2009)

LEARN MORE ABOUT OUR FACILITY OR BOOK A TOUR

GREATER MIDLAND TENNIS CENTER

900 E. Wackerly St | Midland, MI 48642 | 989.631.6151









BE GREATER!

CHECK OUT ALL THAT IS INCLUDED IN OUR MEMBERSHIP

> Wellness Center
> Track & Adventure Bridge
> Multiuse Pool
> Court Sports
> Spa (whirlpool) & Dry Sauna
> Discounted Program Fees
> 24/7 Fitness Center
> Group Fit/Virtual Classes
> Child Watch
> The Zone
> Family Drop-In Activities
> Tennis Center
> Coleman & North Family Center
> Priority Registration

We are thrilled to serve you as we have for the past 100 years! If you have any questions about your membership, please reach out to us at info@greatermidland.org.

LEARN MORE ABOUT OUR FACILITY OR BOOK A TOUR

GREATER MIDLAND COMMUNITY CENTER

2205 Jefferson Ave | Midland, MI 48640 | 989.923.4622

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OUR OFFERINGS WILL BRING JOY TO EVERY MEMBER OF YOUR FAMILY!

GREATERMIDLAND.ORG/MEMBERSHIP

ONLY $97 /MONTH FOR THE WHOLE FAMILY

EVERYTHING YOU NEED.
ONE CONVENIENT MEMBERSHIP.

COMMUNITY CENTER MEMBERSHIP

MONTHLY FEE			ONE-TIME IMPACT FEE		
YOUTH	ADULT	FAMILY	YOUTH	ADULT	FAMILY
$32	$53	$83	$25	$50	$75

GO ALL ACCESS FOR EVEN MORE

MONTHLY FEE			ONE-TIME IMPACT FEE		
YOUTH	ADULT	FAMILY	YOUTH	ADULT	FAMILY
$37	$58	$97	$25	$50	$75

MEMBERSHIP INCLUDES:

- WELLNESS CENTER
- 24/7 FITNESS CENTER
- TRACK & ADVENTURE BRIDGE
- GROUP FITNESS / VIRTUAL CLASSES
- MULTIUSE POOL (REC/LAP)
- COURT SPORTS (BASKETBALL, VOLLEYBALL, PICKLEBALL, ETC.)
- SPA (WHIRLPOOL) & DRY SAUNA
- DISCOUNTED PROGRAM FEES
- *CHILD WATCH
- *THE ZONE KIDS ACTIVITY SPACE
- *FAMILY DROP-IN ACTIVITIES
- *PRIORITY REGISTRATION

ADD THE FOLLOWING WITH *ALL ACCESS*

- *PT REWARDS PROGRAM ELIGIBILITY
- TENNIS CENTER
  - INDOOR & OUTDOOR TENNIS
  - PRIORITY COURT RESERVATIONS
  - MEMBER PRICING
  - TENNIS PROGRAMS
- NORTH & COLEMAN FAMILY CENTERS

*REQUIRES FAMILY MEMBERSHIP

GREATERMIDLAND COMMUNITY CENTER

SIGN UP TODAY!

GREATERMIDLAND.ORG/MEMBERSHIP

CONTACTS

ACTIVE ADULTS
AMANDA EWALD 989.220.3997
AEwald@greatermidland.org

BASKETBALL & VOLLEYBALL
JAMES LOUNSBERRY 989.923.4622 EXT. 2266
JLounsberry@greatermidland.org

ATHLETICS, RECREATION & CAMPS
JENNY ROAN 989.923.4622 EXT. 2261
JRoan@greatermidland.org

AQUATICS
TYLER MILLER 989.923.4622 EXT. 4499
TMiller@greatermidland.org

JACOB HEYE 989.488.6401 EXT. 2296
JHeye1@greatermidland.org

EARLY CHILDHOOD EDUCATION
BECCA CHAUVETTE 989.923.4622 EXT. 2312
BChauvette@greatermidland.org

GYMNASTICS, CHEER, POM & BIRTHDAY PARTIES
MADELYN WISSEL 989.923.4622 EXT. 2264
MWissel@greatermidland.org

MEMBERSHIP
CALLY TAYLOR 989.923.4622 EXT. 2250
CTaylor@greatermidland.org

BETHANY LOUNSBERRY 989.923.4622 EXT. 2260
BLounsberry@greatermidland.org

RACES
JENNIFER ADAMCIK 989.923.4622 EXT. 2221
JAdamcik@greatermidland.org

WELLNESS
VALERIE RICO FABER 989.488.6401 EXT. 2753
VFaber@greatermidland.org

AMY WOZNIAK 989.488.6401 EXT. 2251
AWozniak@greatermidland.org

For drop-in basketball, volleyball, pickleball, jungle gym, and swim hours, visit greatermidland.org/community-center

BUILDING HOURS
Labor Day – Memorial Day

Monday – Friday	5:00am-9:00pm
Saturday	7:00am-8:00pm
Sunday	10:00am-5:30pm

CLOSED:
Labor Day, Thanksgiving, Christmas Day and New Year's Day
Open Special Hours: Christmas Eve & New Year's Eve

IMPORTANT DATES
FALL SESSION 1: August 30 – October 3, 2026
FALL SESSION 2: October 4 – November 7, 2026
FALL SESSION 3: November 8 – December 19, 2026
REGISTRATION BEGINS: Monday, August 3

SAVE MONEY! REGISTER EARLY AND AVOID A $10 LATE FEE!
FALL 1 $10 Late Fee Begins:
Sunday, August 23, 2026
FALL 2 $10 Late Fee Begins:
Sunday, September 27, 2026
FALL 3 $10 Late Fee Begins:
Sunday, November 1, 2026

BOOK A WORKOUT
Members can secure their spot for Group Fitness Classes

SIGN UP FOR A CLASS

CHILD WATCH
Monday-Friday: 8am-12pm • Monday/Wednesday: 4:30pm-7:30pm
Tuesday/Thursday: 5:30pm-7:30pm • Saturday: 8:00am-12:00pm
Reservations highly recommended
Care available up to 90 minutes per day per child

POLICIES
FAMILY MEMBERSHIPS:
A family membership is considered two adults 25+ years old and all dependents residing in the household 24 years old and under.

MEMBERSHIP AUTO-DRAFT:
A minimum of 1 auto-draft is required prior to membership cancellation.

AGE REQUIREMENT:
- Ages 7 & under must be with an adult at all times outside designated programs.
- Ages 8-11 must have an adult in the facility outside designated programs.
- Ages 12-17 may use the facility independently. A waiver is required and guardian information must be provided.

All benefit areas and amenities are subject to age requirements. See facility signage and handbook for details.

MEMBER HANDBOOK:
For full listing of policies, procedures and amenity descriptions view online now!

INCLEMENT WEATHER PLAN
GMCC may cancel classes due to inclement weather or other unforeseen circumstances such as power outage, pool malfunction, evacuation, natural disaster, etc. Classes canceled due to such will not be issued a credit or refund.

PRESCHOOL PROGRAMS

PRESCHOOL AQUATICS

PARENT - CHILD CLASSES

We offer several different parent-child programs to meet a variety of needs. These classes are designed to teach the adult skills and attitudes to help his/her child feel safe in the water, acquire necessary swimming skills, enjoy time together, and have fun.

THINGS YOU NEED TO KNOW BEFORE YOUR FIRST CLASS:

1. No make-ups will be given for any missed classes. Swim class fees do not include admittance to any open swim times.
2. Please bring hair ties or clips for hair that will hang in the face when wet.
3. Please remove street shoes before entering pool area.
4. Please be sure the student uses the bathroom before class, especially younger students that may need help.



AQUA BABIES — AGES: 6 MONTHS - 1.5

Introduce your child to basic water skills. The goals of this class include water adjustment, beginning swimming techniques, and water safety. Bonding and interaction will be an important component of Aqua Babies. This class requires one adult to accompany each child in the water.

AQUA BABIES

Fall 1				Member/Participant
8/31 - 9/28	11100-A	M	4:30pm - 5:00pm	$62/$82
	11100-B	M	6:15pm - 6:45pm	$62/$82
9/2 - 9/30	11100-C	W	4:30pm - 5:00pm	$62/$82
9/5 - 10/3	11100-D	Sa	9:00am - 9:30am	$62/$82
Fall 2				**Member/Participant**
10/5 - 11/2	11100-E	M	4:30pm - 5:00pm	$77/$102
	11100-F	M	6:15pm - 6:45pm	$77/$102
10/7 - 11/4	11100-G	W	4:30pm - 5:00pm	$77/$102
10/10 - 11/7	11100-H	Sa	9:00am - 9:30am	$77/$102
Fall 3				**Member/Participant**
11/9 - 12/14	11100-I	M	4:30pm - 5:00pm	$91/$122
	11100-J	M	6:15pm - 6:45pm	$91/$122
11/11 - 12/16	11100-K	W	4:30pm - 5:00pm	$91/$122
11/14 - 12/19	11100-L	Sa	9:00am - 9:30am	$77/$102



GUPPIES — AGES: 1.5-2.5

Introduce foundational learn to swim skills. You and your child will learn safety techniques, blowing bubbles, strong kicks and entering/exiting the water. An adult is required to accompany each child in the water.

Fall 1				Member/Participant
8/31 - 9/28	11200-A	M	5:05pm - 5:35pm	$62/$82
9/2 - 9/30	11200-B	W	5:05pm - 5:35pm	$77/$102
	11200-C	W	6:15pm - 6:45pm	$77/$102
9/5 - 10/3	11200-D	Sa	9:35am - 10:05am	$62/$82
Fall 2				**Member/Participant**
10/5 - 11/2	11200-E	M	5:05pm - 5:35pm	$77/$102
10/7 - 11/4	11200-F	W	5:05pm - 5:35pm	$77/$102
	11200-G	W	6:15pm - 6:45pm	$77/$102
10/10 - 11/7	11200-H	Sa	9:35am - 10:05am	$77/$102
Fall 3				**Member/Participant**
11/9 - 12/14	11200-I	M	5:05pm - 5:35pm	$91/$122
11/11 - 12/16	11200-J	W	5:05pm - 5:35pm	$91/$122
	11200-K	W	6:15pm - 6:45pm	$91/$122
11/14 - 12/19	11200-L	Sa	9:35am - 10:05am	$77/$102

GOLDFISH — AGES: 2.5-3.5

Get your child ready to move on to our Learn to Swim Lessons. This class will focus on safety and confidence in the water. Goldfish will introduce using a kickboard, noodle, and float pack while swimming. This class requires one adult to accompany each child in the water.

Fall1				Member/Participant
8/31 - 9/28	11300-A	M	5:40pm - 6:10pm	$62/$82
9/2 - 9/30	11300-B	W	5:40pm - 6:10pm	$77/$102
9/5 - 10/3	11300-C	Sa	10:10am - 10:40am	$62/$82
	11300-D	Sa	10:45am-11:15am	$62/$82
Fall 2				**Member/Participant**
10/5 - 11/2	11300-E	M	5:40pm - 6:10pm	$77/$102
10/7 - 11/4	11300-F	W	5:40pm - 6:10pm	$77/$102
10/10 - 11/7	11300-G	Sa	10:10am - 10:40am	$77/$102
	11300-H	Sa	10:45am - 11:15am	$77/$102
Fall 3				**Member/Participant**
11/9 - 12/14	11300-I	M	5:40pm - 6:10pm	$91/$122
11/11 - 12/16	11300-J	W	5:40pm - 6:10pm	$91/$122
11/14 - 12/19	11300-K	Sa	10:10am - 10:40am	$77/$102
	11300-L	Sa	10:45am - 11:15am	$77/$102

REGISTER NOW

GYMNASTICS



TUMBLE BABIES — AGES: 1-2

This class is open to walkers through two and requires an adult to participate in class with their child. Children use preschool-sized equipment to learn basic motor movement and gymnastics skills. Some of the gymnastics skills learned will be hopping, balancing, climbing, and rolling. Children also learn basic social skills such as listening, following instructions, and sharing. This class provides a great opportunity for parents and children to bond together while having fun!

Fall 1				Member/Participant
8/31-9/28	17003-A	M	5:00pm-5:30pm	$45/$60
9/12-10/3	17003-B	Sa	9:00am-9:30am	$45/$60
Fall 2				
10/5-11/2	17003-C	M	5:00pm-5:30pm	$56/$75
10/10-11/7	17003-D	Sa	9:00am-9:30am	$56/$75
Fall 3				
11/9-12/14	17003-E	M	5:00pm-5:30pm	$68/$90
11/14-12/19	17003-F	Sa	9:00am-9:30am	$56/$75

TUMBLE TOTS — AGES: 2-3

This class focuses on building gross motor and social skills to prepare for future gymnastics classes. Skills taught include log and forward rolls, hopping on one foot, balancing on a mini beam, hanging and swinging from a mini bar. This class provides a great opportunity for parents and children to bond together while having fun!

Fall 1				Member/Participant
8/31-9/28	17005-A	M	5:35pm-6:05pm	$45/$60
9/12-10/3	17005-B	Sa	9:35am-10:05am	$45/$60
Fall 2				
10/5-11/2	17005-C	M	5:35pm-6:05pm	$56/$75
10/10-11/7	17005-D	Sa	9:35am-10:05am	$56/$75
Fall 3				
11/9-12/14	17005-E	M	5:35pm-6:05pm	$68/$90
11/14-12/19	17005-F	Sa	9:35am-10:05am	$56/$75

REGISTER NOW

TUMBLE KIDS 1 — AGES: 3-4

The emphasis in this class is teaching basic gymnastics skills on preschool-sized equipment. Skills taught in this class include forward and backward rolls, donkey kicks, mini cartwheels, walking across a medium sized balance beam, sloth hang, baby casts, and practicing safe landings. In addition to gymnastics skills, children also continue to work on gross motor, fine motor, and social skills such as listening, following instructions, and waiting their turn.

Fall 1				Member/Participant
8/31-9/28	17010-A	M	6:10pm-6:55pm	$53/$70
9/12-10/3	17010-B	Sa	10:10am-10:55am	$53/$70
Fall 2				
10/5-11/2	17010-C	M	6:10pm-6:55pm	$66/$88
10/10-11/7	17010-D	Sa	10:10am-10:55am	$66/$88
Fall 3				
11/9-12/14	17010-E	M	6:10pm-6:55pm	$79/$105
11/14-12/19	17010-F	Sa	10:10am-10:55am	$66/$88

TUMBLE KIDS 2 — AGES: 4-5

Continue to learn and practice the skills taught in Tumble Kids 1 with a focus on better technique and skill understanding. This class helps build their confidence, body awareness and control. Skills taught in class include handstands, cartwheels, forward & backward rolls, casts, glide swings, walking across a medium-sized balance beam, and practicing safe landings.

Fall 1				Member/Participant
9/3-10/1	17015-A	Th	5:00pm-5:45pm	$66/$88
Fall 2				
10/8-11/5	17015-B	Th	5:00pm-5:45pm	$66/$88
Fall 3				
11/12-12/17	17015-C	Th	5:00pm-5:45pm	$66/$88

LIL' NINJA — AGES: 3-4

Children will focus on developing strength, hand-eye coordination, and body awareness through age appropriate challenges and stations. They will learn how to safely mount and dismount, swing, climb, and jump using ninja/gymnastics equipment. Other class activities include games and obstacle courses!

Fall 1				Member/Participant
9/1-9/29	17043-A	Tu	5:00pm-5:30pm	$56/$75
Fall 2				
10/6-11/3	17043-B	Tu	5:00pm-5:30pm	$56/$75
Fall 3				
11/10-12/15	17043-C	Tu	5:00pm-5:30pm	$68/$90

ATHLETICS

PLAY, LEARN AND GROW 1 — AGES: 1-2.5

Build strength and coordination through play! Songs, props, and teacher-led activities provide an engaging class experience, while giving parents fun tips and tools they can take home. Form friendships with other parents and watch how your child experiences their first social play time.

Fall 1				Member/Participant
9/1 - 9/29	18531-B	Tu	4:35pm - 5:05pm	$49/$65

BEANBAGS, HOOPS & PARACHUTES — AGES 2-3

Children will develop many physical skills such as hand-eye coordination, fine/gross motor skills, balance, rhythm, strength, general coordination and creative movement that will encourage cooperative behavior and promote good listening skills. Parents are not required to, but are welcome to participate alongside their little one.

Fall 1				Member/Participant
10/6 - 11/3	18535-B	Tu	5:10pm - 5:40pm	$49/$65

MINI SPORTS SAMPLER — AGES 2-3

A program that will introduce children to new sports, games and fitness activities! Including, games, races, relays and drills.

Fall 2				Member/Participant
10/5 - 11/2	18537-A	M	4:35pm - 5:05pm	$56/$75
10/6 - 11/3	18537-B	Tu	5:10pm - 5:40pm	$56/$75
10/10 - 11/7	18537-C	Sa	10:00am - 10:30am	$56/$75

Fall 3				Member/Participant
11/19 - 12/14	18537-D	M	4:35pm - 5:05pm	$68/$90
11/10 - 12/15	18537-E	Tu	5:10pm - 5:40pm	$68/$90
11/14 - 12/19	18537-F	Sa	10:00am - 10:30am	$56/$75

PEEWEE SPORTS SAMPLER — AGES: 3-5

Children, ages 3-5, are invited to participate in a program that will introduce them to new sports and games! Games, races, relays and drills will show the youngsters the wide world of sports.

Fall 1				Member/Participant
9/1 - 9/29	17108-B	Tu	5:45pm - 6:30pm	$64/$85

Fall 2				Member/Participant
10/5 - 11/2	17108-D	M	5:10pm - 5:55pm	$64/$85
10/6 - 11/3	17108-C	Tu	5:45pm - 6:30pm	$64/$85
10/10 - 11/7	17108-E	Sa	10:35am - 11:25am	$64/$85



PEEWEE HOOP STARS BASKETBALL — AGES 3-5

Children are invited to participate in 45 minutes of basketball fun! Games, races, relays and drills will help introduce your child to the world of basketball.

Fall 3				Member/Participant
11/9 - 12/14	17105-A	M	5:10pm - 5:55pm	$79/$105
11/10 - 12/15	17105-B	Tu	5:45pm - 6:30pm	$79/$105
11/14 - 12/19	17105-C	Sa	10:35am - 11:20am	$66/$88

REGISTER NOW

YOUTH PROGRAMS

YOUTH WELLNESS/FITNESS

TEEN FITNESS POLICY

Equipment orientation is required for youth participants. Children who are 12 may use the Wellness Center with a parent or guardian with them at all times. Children who are 13 may use the Wellness Center if their parent or guardian is in the facility. All 12- and 13-year-olds can only access MATRIX Pin Select and cardio equipment in the Wellness Center. Full access to the Wellness Center is allowed at age 14 and older. **INFO & ORIENTATION: Amy Wozniak at AWozniak@greatermidland.org or 989-923-4622 ext. 2251**



GYMNASTICS

BEGINNER GYMNASTICS 1 — AGES: 5-6

This class will focus on introducing basic, fundamental skills through the use of stations. Activities include skills that incorporate strength, flexibility, coordination, and balance. Some skills learned include rolls, handstands, cartwheels, leaps and jumps on the balance beam, casts, pullovers, glide swings, and safe dismounts from both the bars and the beam.

Fall 1				Member/Participant
9/3-10/1	17020-A	Th	5:50pm-6:45pm	$77/$103
9/12-10/3	17020-B	Sa	11:00am-11:55am	$62/$82

Fall 2				Member/Participant
10/8-11/5	17020-C	Th	5:50pm-6:45pm	$77/$103
10/10-11/7	17020-D	Sa	11:00am-11:55am	$77/$103

Fall 3				Member/Participant
11/12-12/17	17020-E	Th	5:50pm-6:45pm	$77/$103
11/14-12/19	17020-F	Sa	11:00am-11:55am	$77/$103



BEGINNER GYMNASTICS 2 — AGES: 7-10

Continue to practice the skills learned in Beginner 1 but with a focus on better technique and skill understanding. Skills taught in this class include rolls, handstands, cartwheels, back bends, pullovers, casts, leaps, jumps, and turns!

Fall 1				**Member/Participant**
9/3-10/1	**17025-A**	**Th**	**6:50pm-7:45pm**	**$77/$103**
Fall 2				
10/8-11/5	**17025-B**	**Th**	**6:50pm-7:45pm**	**$77/$103**
Fall 3				
11/12-12/17	**17025-C**	**Th**	**6:50pm-7:45pm**	**$77/$103**

JR. NINJA — AGES: 5-6

In this class, we build age-appropriate obstacle courses and stations that incorporate balance, strength, and hand-eye-coordination. Some of the skills learned include safety rolls, handstands, cart-wheels, pullovers, glide swings, and jumps.

Fall 1				**Member/Participant**
9/1-9/29	**17045-A**	**Tu**	**5:35pm-6:20pm**	**$66/$88**
Fall 2				
10/6-11/3	**17045-B**	**Tu**	**5:35pm-6:20pm**	**$66/$88**
Fall 3				
11/10-12/15	**17045-C**	**Tu**	**5:35pm-6:20pm**	**$79/$105**

REGISTER NOW



NINJA KIDS — AGES: 7-10

This class combines ninja, parkour, and gymnastics tumbling through the use of skill stations and obstacle courses. Skills in this class include safety rolls, handstands, roundoffs, and pullovers.

Fall 1				**Member/Participant**
9/1-9/29	**17047-A**	**Tu**	**6:25pm-7:20pm**	**$77/$103**
Fall 2				
10/6-11/3	**17047-B**	**Tu**	**6:25pm-7:20pm**	**$77/$103**
Fall 3				
11/10-12/15	**17047-C**	**Tu**	**6:25pm-7:20pm**	**$92/$123**

YOUTH POM/CHEER



INTRO TO CHEER & POM — AGES: 6-11 YEARS

Come learn the basics of cheer and pom! Participants will have fun while exploring the various disciplines of cheer and pom including motions, jumps, tumbling, stunting, and a short pom routine.

Fall 1				**Member/Participant**
8/31-9/28	**17060-A**	**M**	**7:00pm - 7:55pm**	**$62/$82**
Fall 2				**Member/Participant**
10/5-11/2	**17060-B**	**M**	**7:00pm - 7:55pm**	**$62/$103**
Fall 3				**Member/Participant**
11/9-12/14	**17060-C**	**M**	**7:00pm - 7:55pm**	**$92/$123**

REGISTER NOW

YOUTH VOLLEYBALL PROGRAMS



YOUTH VOLLEYBALL SKILLS CLINICS GRADES: 3-8

An Intermediate volleyball program designed to focus on the fundamentals of volleyball (passing, setting, serving, attacking and court positioning) and skill improvement as well as teamwork and good sportsmanship in a clinic setting to prepare for Middle School tryouts! Being active, having fun and improving individual skills will be our focus. There will be slight conditioning practiced to prepare for tryouts.

Fall 1		Grades			Member/Participant
9/3 - 10/1	17832-A	7-8	M/W	6:00pm - 6:55pm	$98/$130
9/4 - 10/2	17832-C	3-4	Th	5:00pm - 5:55pm	$73/$97
	17832-B	5-6	Th	6:00pm - 6:55pm	$73/$97
Fall 2		**Grades**			**Member/Participant**
10/9 - 11/6	17832-F	3-4	Th	5:00pm - 5:55pm	$73/$97
	17832-E	5-6	Th	6:00pm - 6:55pm	$73/$97
Fall 3		**Grades**			**Member/Participant**
11/13 -12/18	17832-I	3-4	Th	5:00pm - 5:55pm	$73/$97
	17832-H	5-6	Th	6:00pm - 6:55pm	$73/$97

JUNIOR VOLLEYBALL FOR GRADES K-2

Junior Volleyball is a fun and engaging beginner volleyball program. Through age-appropriate games and activities, kids will develop fundamental volleyball skills like passing, setting, serving and teamwork in a positive and supportive environment. Our focus is on movement, coordination, and building a love for the game while promoting confidence and social skills. No experience needed just bring energy and enthusiasm!

Fall 1				Member/Participant
9/3 - 10/1	17835-J	W	5:00pm - 5:45pm	$56/$75
Fall 2				**Member/Participant**
10/8 - 11/5	17835-L	W	5:00pm - 5:45pm	$56/$75
Fall 3				**Member/Participant**
11/12 - 12/17	17835-N	W	5:00pm - 5:45pm	$68/$90

REGISTER NOW

MICHIGAN ELITE VOLLEYBALL

For information regarding travel volleyball for girls ages 10-18, please visit www.MIELITE.com.

YOUTH RECREATION PROGRAMS

NEW DIGITAL DETECTIVES AGES: 8-12

Join us for this new class where participants build mechanical computers powered by marbles to solve logic puzzles. We will use a comic story where each solved puzzle brings Alia, the space engineer, closer to rescue from a forgotten planet. This is a hands-on, screen-off experience, where participants will have a blast learning about coding in a language without words.

Fall 2				Member/Participant
10/5- 11/2	19500-A	M	6:00pm - 6:55pm	$56/$75



KIDS SEW AGES: 8-14

This class is a unique, creative, fun and educational way for your child to learn the basics of hand and machine sewing. All supplies and equipment are provided. For the Holiday Edition Class, there will be NO class held on Sunday, 11.29.2026 *(Thanksgiving weekend)*.

Fall Edition				Member/Participant
10/18 - 11/8	18060-A	Su	1:00pm - 3:30pm	$120/$160
Holiday Edition				**Member/Participant**
11/15 - 12/13	18060-B	Su	1:00pm - 3:30pm	$120/$160

PARENTS & KIDS SEW FOR AGES AGES: 6-10

An introduction to sewing for youth, ages 6-10. This class is a unique, creative, fun and educational way for your child to learn the basics of hand and machine sewing. The youth participants will sew a beginner project (with the help of their adult participant), while learning to thread a machine, pin fabric, cut and iron fabric, too. This is a great opportunity for parents and kids who want to give sewing a try. All supplies and equipment are provided. Families are welcome to bring their own sewing machine, as long as they have basic operating knowledge of that machine.

Fall 1				Member/Participant
10/10 - 10/10	18062-C	Sa	1:00pm - 3:30pm	$45/$60
Fall 2				**Member/Participant**
11/14 - 11/14	18062-A	Sa	1:00pm - 3:30pm	$45/$60
Fall 3				**Member/Participant**
12/5 - 12/5	18062-B	Sa	1:00pm - 3:30pm	$45/$60

REGISTER NOW

YOUTH BASKETBALL





PRO BASKETBALL CLINIC — GRADES: 2-3

Need to brush up on your basketball skills? Join us for this four week program where we work on the fundamentals (dribbling, passing, shooting man-to-man defense), game strategies, teamwork and good sportsmanship. Fun-filled station drills, relays, skill-enhancing games and scrimmages will help players improve their basketball skills.

Fall				
10/4 - 10/25				Member/Participant
Girls	17140-A	Su	3:00pm - 3:55pm	$49/$65
Boys	17140-B	Su	3:00pm - 3:55pm	$49/$65

I-DREAM CHAMPIONS BASKETBALL CLINIC — GRADES: 4-6

Fall				
10/4 - 10/25				Member/Participant
Girls	17145-A	Su	4:00pm - 4:55pm	$49/$65
Boys	17145-B	Su	4:00pm - 4:55pm	$49/$65

PRIVATE & SEMI-PRIVATE YOUTH BASKETBALL WORK-OUTS

Even the best basketball players can benefit from individual basketball work-outs. Private basketball trainings will allow your player to put a focus on their offensive skills with an emphasis on shooting and scoring. One-on-one perimeter and post moves will be worked on in this one-on-one setting. Participants may register individually.

For more information/details, please contact JLounsberry@GreaterMidland.org

BOYS PRE-SEASON BASKETBALL CLINIC — GRADES: 7-8

Need to practice your basketball skills before Middle School Try-Outs or the Community Center's CCL League? Joins us for this six-week program where we work on the fundamentals, game strategies, teamwork and good sportsmanship. Station drills, skill-enhancing games and scrimmages (if possible) will help players hone their basketball skills. NO Clinic will be held on Sunday, 11.29.2026 (Thanksgiving weekend).

Fall 3				
11/8 - 12/13	17150-A	Su	4:00pm - 5:30pm	Member/Participant $60/$80

REGISTER NOW

GYM RENTALS

The Midland Community Center has full size gyms to rent by groups and organizations. Special rates are available for Midland Community Center team practices/scrimmages.

For specific information, please contact JLounsberry@greatermidland.org

JUNIOR BASKETBALL LEAGUE FOR GRADES K-1 AGES: 5-7

This beginner basketball program is designed to teach the fundamentals of basketball (dribbling, passing, shooting, man-to-man defense), as well as teamwork and good sportsmanship in a clinic and scrimmage/game setting. Each player will receive a junior basketball in Fall 1, a t-shirt in Fall 2, and a medal in Fall 3.

Fall 1				Member/Participant
9/1 - 9/29	17104-A	Tu	6:35pm - 7:30pm	$75/$100
Fall 2				**Member/Participant**
10/5 - 11/2	17104-B	M	6:00pm - 6:55pm	$75/$100
10/6 - 11/3	17104-C	Tu	6:35pm - 7:30pm	$75/$100
10/10 - 11/7	17104-D	Sa	9:00am - 9:55am	$60/$80
Fall 3				**Member/Partiipant**
11/9 - 12/14	17104-G	M	6:00pm - 6:55pm	$90/$120
11/10 - 12/15	17104-F	Tu	6:35pm - 7:30pm	$90/$120
11/14 - 12/19	17104-E	Sa	9:00am - 9:55am	$75/$100

5-ON-5 9TH-12TH GRADES BASKETBALL LEAGUES - TEAM REGISTRATION ONLY GRADES: 9-10, 11-12

Join us for our high school 5-on-5 co-ed basketball leagues! Teams play seven games and an end-of-season, single elimination tournament. Games played on Saturdays and Friday evenings (if needed).

League Dates: December 7 - February 8
Registration Dates: October 4 - November 23 ***Must register with a team***

Team packets available at the Greater Midland Community Center Welcome Desk and online at GreaterMidland.org/MBA on Thursday, October 1.

Fall				Member/Participant
12/6 - 2/21	27235-B	F/Sa	8:00am - 11:00pm	$60/$80
	27235-C	F/Sa	8:00am - 11:00pm	$60/$80

REGISTER NOW

MIDLAND BASKETBALL ACADEMY
Youth Leagues

Season: November 7, 2026- January 30, 2027
MBA Basketball League Grades 2-6

Our Fall/Winter Youth Basketball Leagues are just around the corner! This league will include 10 games and weekly team practices. Whether your kid is new to the game or a seasoned veteran, this league is a place for all skill levels! Players will receive a MBA T-Shirt (to keep) and a MBA jersey to use for the season (which will be returned at the end of the season).

Players will be divided into leagues by grade. Grades 4-6 will play 5ON5, full court games on 10ft Hoops. While Grades 2-3 will play in a 4ON4 league with lowered hoops.

REGISTRATION DATES:

August 1-31 - Early Bird Registration $79/$105
September 1-23: $94/$125
September 25-October 1: $112/$150 **LATE REGISTRATION**

GAME SCHEDULE: League games will be played from November 7th, 2026- January 30th, 2027. Games will be played on Saturdays with the potential Friday evening games. (If schedule requires it). Please note that we try and accommodate team scheduling to other community events, however due to the large number of players/teams we serve it is not possible to avoid all scheduling conflicts. The league will not have games on Thanksgiving weekend or Midland Public Schools Winter Break.

PRACTICE SCHEDULE: Practice Schedule: Each team will be scheduled for one-hour practice once a week at a local gym. Practices will begin the week of Oct. 26th.

VOLUNTEER COACHES: Any parents interested in coaching can sign up during registration. If officially asked to coach a team, a coach's child (on that team) will receive half off their registration fee. There is a mandatory coach's meeting on Monday Oct. 12th @ 6:30 in classroom 1. All volunteer coaches must complete and pass a criminal background check.

TEAM ROSTERS: Players who register individually will be placed on a team with other players in the same grade, from the same school. Schools with not enough players will be combined with others.

TEAM REGISTRATION: Players that wish to put a team together instead of registering individually must turn in a complete roster and all payments at once. 2nd-5th grade teams that register together must attend the same school; all players must be in the same grade. 6th grade teams that register together must attend the same middle school. A volunteer coach must be in place to register as a team. Team rosters can be found at www.greatermidland.org/mba

2ND GRADE 4 ON 4 BBALL LEAGUES

2nd grade games will be unofficiated. Coaches will be provided a whistle in-order to stop play for situations such as out of bounds, double dribble, traveling, and fouls. More details will come at coaches meeting.

Fall					
11/7 - 1/30	27230-A	F/Sa	8:00am - 7:00pm	Girls	$94/$125
	27230-B	F/Sa	8:00am - 7:00pm	Boys	$94/$125

3RD GRADE 4 ON 4 BBALL LEAGUE

Fall					
11/7 - 1/30	27231-A	F/Sa	8:00am -7:00pm	Girls	$94/$125

4TH GRADE 5 ON 5 BBALL LEAGUES

Fall					
11/7- 1/30	27232-A	F/Sa	8:00am - 7:00pm	Girls	$94/$125
	27232-B	F/Sa	8:00am - 7:00pm	Boys	$94/$125

5TH GRADE 5 ON 5 BBALL LEAGUES

Fall					
11/7 - 1/30	27233-A	F/Sa	8:00am - 7:00pm	Girls	$94/$125
	27233-B	F/Sa	8:00am - 7:00pm	Boys	$94/$125

6TH GRADE 5 ON 5 BBALL LEAGUES

Fall					
11/7 - 1/30	27234-A	F/Sa	8:00am - 7:00pm	Girls	$94/$125
	27234-B	F/Sa	8:00am - 7:00pm	Boys	$94/$125

OFFICIALS NEEDED!

Are you interested in officiating youth basketball this season? Contact James Lounsberry for more information 989.923.4622 ext. 2266 or JLounsberry@greatermidland.org

ADULT PROGRAMS

PEDIATRIC FIRST AID, CPR & AED – BLENDED LEARNING – FALL 2026

ADULT & PEDIATRIC FIRST AID, CPR & AED BLENDED LEARNING

AGES: 16-99

This course prepares you to recognize and care for a variety of first-aid, breathing and cardiac emergencies involving adults, children and infants and meets OSHA/workplace requirements. This is a blended learning course including an online portion and an instructor-led classroom skill session. The online portion must be completed prior to attending the in-class portion and must be taken on a PC or tablet with high speed internet connection. Allow approximately 2 hours 30 minutes to complete the online portion. The instructor-led classroom session will take about 2 hours and 30 minutes to complete. Upon successful completion of this course you will receive a digital certificate for Adult and Pediatric First Aid/CPR/AED, valid for two years.

				Member/Participant
8/26	41111-B	W	1:00pm - 3:30pm	$92/$92
9/14	11111-A	M	6:00pm - 8:30pm	$92/$92
10/22	11111-B	Th	6:00pm - 8:30pm	$92/$92
11/14	11111-C	Sa	9:30am -12:00pm	$92/$92
12/7	11111-D	M	6:00pm - 8:30pm	$92/$92



ADULT SEWING 101

AGES: 16-99

Would you like to learn to sew? It is not too late. This class is a unique, creative and fun way for you to learn the basics of machine sewing. Each participant will sew a beginner project from start to finish while learning to thread a machine, pin and cut fabric. No experience necessary! All supplies and equipment are provided. Adults are welcome to bring their own sewing machine, as long as they have basic operating knowledge of that machine.

Fall 1				Member/Participant
9/8 - 9/15	18064-A	T	6:15pm - 8:15pm	$51/$68
10/14 - 10/21	18064-B	W	6:15pm - 8:15pm	$51/$68
12/7 - 12/14	18064-C	Th	6:15pm - 8:15pm	$51/$68
12/10 - 12/17	18064-D	M	6:15pm - 8:15pm	$51/$68

NEW!! SENIOR SEW

AGES: 16-99

Would you like to learn to sew? It is not too late. Join us for one of our project-based classes. Gather your friends for an afternoon of fun, enjoyment and learning.This class is a unique, creative and fun way for you to learn the basics of machine sewing. Each participant will sew a beginner project from start to finish while learning to thread a machine, pin and cut fabric too. This is a great opportunity for any senior who wants to give sewing a try. No experience necessary! All supplies and equipment are provided.

Fall 1				Member/Participant
10/9-10/9	18066-A	F	1:00pm - 4:00pm	$30/$40

REGISTER NOW

ADULT ATHLETICS



ADULT VOLLEYBALL LEAGUE FOR MEN & WOMEN

Leagues for all levels will form this fall. Leagues will be offered Monday through Thursday with individual leagues playing the same night every week. Each team will have one week of practice and play 12 league games. Teams are required to have a manager or representative attend the organizational meeting on Wednesday, September 16, 2026 at 6:30pm. For additional information, please contact Jenny Roan at JRoan@GreaterMidland.org

FALL 10/5-1/21				Member/Participant
Sponsor Fee	27810-A	M-Th	6:00pm - 10:30pm	$275
Player Fee - One team	27811-A	M-Th	6:00pm - 10:30pm	$56/$75
Player Fee - Two teams	27811-B	M-Th	6:00pm - 10:30pm	$45/$60

4 ON 4 ADULT BASKETBALL LEAGUES

It's time to get back in the gym and dust off those basketball skills for the next few months. Grab a few teammates and come play in our Fall 4ON4 basketball league this season. There will be a single-elimination tournament at the end of the season. B and Low C league games will be played on Tuesday evenings. High A, and Women's league games will be played on Thursday evenings. Practice takes place the week of 09/15/2026. League play begins the week of 9/23/26 Tournament play will be scheduled the week of 11/4/2026.

FALL

Player fees must be paid by first game to play. After 9/25/2026 there is a $10 late fee.

9/15 - 11/12				Member/Participant
Playing on one team	17211-A	Tu/Th	6:30pm - 10:30pm	$56/$75
Playing on two teams	17211-B	Tu/Th	6:30pm - 10:30pm	$45/$60
Playing on two teams	17211-C	Tu/Th	6:30pm - 10:30pm	$45/$60

5 ON 5 ADULT BASKETBALL LEAGUES

Leagues Offered: Monday D League, Tuesday C League, Wednesday B League, and Thursday A League. Everyone will get a practice scrimmage, 10 game season, and single elimination tournament to follow. Registration will be available starting Monday 10/05/2026. Registration with team fee is due by 11/13/2026. **Players must pay player fee to play and fees are due by 12/04/2026. After 12/04/2026 will incur a $10 late fee.**

11/14 - 3/3				Member/Participant
Sponsor Fee	27211-A	M/Th	6:15pm-10:15pm	$425.00
Player Fee	27213-A	M/Th	6:15pm-10:15pm	$69/$92

REGISTER NOW

ACTIVE ADULT PROGRAMS

COMMUNITY ACTIVITY PASS

Available for Individuals 18+, $85 annually. Community Pass activities are included in all paid memberships as well as insurance based memberships. Guests may purchase a day pass to participate or "try-before-they-buy" by purchasing a day pass.

FUN ACTIVITIES/EXERCISE

BILLIARDS - POOL
Pool tables open for play during building hours.

EUCHRE
Monday and Wednesday at 1:00pm. Everyone is welcome.

DUPLICATE BRIDGE
Monday at 12:30pm. Everyone is welcome.

MAH JONGG
Tuesday & Thursday at 1:00pm. Mah Jongg is a rummy-like game played with tiles rather than cards. Beginners are welcome and instruction is offered if needed.

LINE DANCING
Tuesday & Thursday at 1:00pm-2:30. Led by a volunteer!

SENIOR PANCAKE BREAKFAST
Senior Pancake Breakfast Events are held in the Curling Center Clubhouse, 11am-12pm. Members, $3 to attend. Non-member: $5 to attend. Must sign-up at least 1 week in advance. Breakfast and prizes sponsored by Right At Home.

September 14th **44166-B**
November 9th **14166-A**

LUNCH & LEARN
Never stop learning at these Lunch & Learn events. This event is FREE and Presented by Renue Physical Therapy with lunch provided by Independence Village and Candlestone. Must sign-up at least 1 week in advance. Space is limited. Must register ONLINE or at our WELCOME DESK.

All Lunch & Learns are held in the Community Wing at 12pm. Topics will be announced closer to the date.

September 28 - Sciatica **14155-A**
October 12 - Spine Health **14155-B**
November 16 - Elbow Pain **14155-C**

BINGO DAYS
Come play for fun & prizes! Must register ONLINE or at our WELCOME DESK. Bingo events are sponsored by Tridgeview Commons.

Where: Midland Community Center
Cost: Free for Members | $5 for Non-Members | Time: 11:00am

September 21 **14145-A**
October 19 **14145-B**
November 23 **14145-C**

PLANT BINGO
Lucky winners will take home beautiful potted plants ready to enjoy - perfect for plant lovers of all experience levels!

Friday, September 25 **14145 -E**
6:30pm-8:00pm | Doors open at 6:00 pm | Ages 21+
Cost: $20 Members/$25 Guest

SENIOR HEALTH & RESOURCE FAIR
Over 20 vendors will be at the Center giving valuable Community Resources to seniors.

Thursday, October 13 **11:00am-1:00pm**

END OF SUMMER SENIOR GRILL OUT
All seniors welcome!
Kick back, chat, and have a blast with indoor yard games!
September 10 – Curling Center
11:00am – 1:00pm
Door prizes provided by Right At Home
Register ONLINE or AT OUR WELCOME DESK. **Activity # 45222- A**

CONTRA DANCE
Fun for all ages! Beginners, experienced dancers, singles, couples, and children 8 or older with an adult. Warm-up/pre-dance lesson begins at 6:30pm with dancing to follow 7-9pm with live music by Swollen Fingers String Band.

Oct. 10, Nov. 14
Community Center Member $5 | Guest $10 | Youth Age 0-17, $7

SilverSneakers

SILVERSNEAKERS® +RENEW ACTIVE® /ONE PASS™
Improve your cardio, strength, coordination & flexibility! This program includes: All group fitness classes* • SilverSneakers® Classes* *(Only available to SilverSneakers® participants)* • Wellness Center
• 24/7 Fitness Center (during building operating hours)
• Indoor track • Greater Midland Walking Club
• Community Activity Pass • Multiuse Pool + Spas + Sauna
• Court sports including pickleball, volleyball, basketball
*Must reserve your spot in class within 48 hours of class time.
Contact Amanda Ewald, Active Older Adult Program Coordinator, to see if you are eligible today! 989-220-3997.
These insurance benefits are now accepted at our other fitness centers including North Family Center and Coleman Family Center! Make us your headquarters for fitness and let SilverSneakers® help you get fit your way!

GREATER MIDLAND WALKING CLUB
Grab your sneakers, invite a friend and come walk with us on our brand new track! Registration is required. Open to those who have any Insurance based membership or paid membership. Guests can join by paying a drop-in fee.

Agust 25th – December 31st **Tuesday & Thursday, 9:00am-10:00am**
14900-A: FREE for SilverSneakers Participants, Renew Active/One Pass

REGISTER NOW



TRAVEL WITH US!

WHISPERS OF FALL: GLASS & APPLES

9/10 - 9/10	15140-A	Th	7:30am - 9:00pm	$138

Your Trip Includes *Start the morning experiencing a taste of Michigan at Robinette's Apple Haus, which has been open since 1973! Take in the crisp fall air while visiting the apple orchard, bakery, and cider mill. Enjoy a boxed lunch from Robinette's lunch counter. Take a wagon ride, try out the corn maze, or do some wine tasting. Don't forget to grab some freshly baked donuts from the Bakery before we leave! - Appreciate the Fredrick Meijer Gardens and the remarkable Chihuly Exhibition! Dale Chihuly is an American artist who transforms spaces with experiments in color, light, transparency, and form. Take a tram tour of the outdoor exhibition where color floats, curls and glows. Experience a more intimate journey in the indoor exhibition of Chihuly: Radiant Forms. Leisurely stroll the gardens or rest within its beauty.*

HOLIDAY SIGHTS & SOUNDS OF LANCASTER, PA

11/30 - 12/4	25334-A	M-F	6:30am - 8:00pm	$1,404
	25334-B	M-F	6:30am - 8:00pm	$1,674

4 nights lodging, 4 breakfasts, 2 dinners, including a Smorgasbord Dinner, Guided Tour of the Amish Countryside, including stops at an Amish Craft Farm & Bake Shop, Winter Wonderland Show at the American Music Theatre, Joshua at the Sight & Sound Theatre, Stone Gables Estate, Christmas Light Drive Through, Holiday Express Train Ride, Kitchen Kettle Village, Tanger Outlets, Souvenir Gift.

NORTHVILLE: A TOUCH OF MYSTERY & HISTORY

10/27 - 10/27	15142-A	Tu	8:45am - 6:15pm	$126

Enjoy a 7-course Italian meal and an interactive Murder Mystery show! Genitti's Hole-in-the-Wall & Little Theater is a family-owned establishment, that began in 1971 as a meat and grocery store. Over the years, they have expanded into a restaurant and little theater, where you get to jump into character to help solve the mystery, taking place in 1940's Northville. Take a step back in time, to the Mill Race Village, part of the Northville Historical Society. You'll take a guided tour with a Docent, learning the story behind each building within the village. You'll also experience first-hand how old-fashioned blacksmithing was done.

MONTREAL & QUEBEC CITY, CANADA

9/20 - 9/26	15334-C	M-Su	6:30am - 8:00pm	$1,794
	15334-D	M-Su	6:30am - 8:00pm	$2,120
10/4 - 10/10	15334-A	M-Su	6:30am - 8:00pm	$1,694
	15334-B	M-Su	6:30am - 8:00pm	$2,120

6 nights lodging, 6 breakfasts, 4 dinners, Guided Tour of Montreal and Old Montreal, Guided Tour of Quebec City and Old Quebec, Montreal Underground, Notre Dame Basilica, Visit to Saint Joseph's Oratory/Shrine, Visit to Sainte Anne de Beaupre Shrine, Albert Gilles Copper Art Museum, Montmorency Falls, Souvenir Gift.

CHRISTMAS IN NEW YORK CITY, NY

11/15 - 11/20	25336-A	M-F/Su	6:30am - 8:00pm	$2,254
	25336-B	M-F/Su	6:30am - 8:00pm	$2,729

3 nights lodging in New Jersey, 5 breakfasts, 3 dinners, including Carmine's, Shopping at Macy's, Staten Island Ferry Ride, Roundtrip Ferry with visits to the Statue of Liberty & Ellis Island with a self-guided audio tour & the Statue of Liberty Museum, Back Door Tour of Radio City Music Hall, Admission to MOMA (Museum of Modern Art), Tour of St. Patrick's Cathedral, Broadway Show (TBA, Admission to Empire State Building Observation Deck, Visit to Central Park, Souvenir Gift



WELLNESS



BOXING FITNESS

Focus on physical conditioning, agility, footwork and elements of traditional boxing.

				Member/Participant
9/5-9/26	10233A	9:30am-10:15am	Sa	$45/$60
10/3 - 10/24	10233B	9:30am-10:15am	Sa	$45/$60

GROUP FITNESS CLASSES

Dive into our vibrant group fitness classes and discover a welcoming community where every level thrives! Our diverse classes offer a fantastic opportunity to learn new moves, challenge yourself in exciting ways, and connect with others who share their passion for well-being. Explore our schedule today and find the perfect fit for your goals and interests! We can't wait to welcome you to our community.

To book a class online, scan or click the QR code.

PERSONAL TRAINING

Ready to unlock your full potential? Take the first step towards a stronger, healthier you by scheduling a personalized session with one of our certified and passionate personal trainers!

Invest in yourself and experience the difference personalized training can make. Contact us today to learn more!

Email: vfaber@greatermidland.org
Phone: 989-488-6401 ext. 2753

Individual (one person)	Half Hour (30 minutes)	One Hour (60 minutes)
	$35	$60

Buddy and Small Group Training Available.

MUAY THAI

Focus on physical conditioning, while practicing the "Art of the Eight Limbs."

				Member/Participant
9/14-9/28	10233A	6:30pm-7:15pm	M	$30/$45
9/9-9/30	10233B	5:30pm-6:15pm	W	$45/$60
10/5-10/26	10233C	6:30pm-7:15pm	M	$45/$60
10/7-10/28	10233D	5:30pm-6:15pm	W	$45/$60
11/2-11/23	10233E	6:30pm-7:15pm	M	$45/$60
11/4-12/2	10233F	5:30pm-6:15pm	W	$45/$60

(No Class 11/25/26)

SOMATIC DANCE

This somatic dance class helps you line up your energy, release stress and anxiety, and let go of tension held in your body.

				Member/Participant
8/30-9/27	10132 A	8:30am-9:15am	Tu	$45/$60

(No Class on 9/6)

10/6-10/27	10132 B	8:30am-9:15am	Tu	$45/$60
11/3-11/24	10132 B	8:30am-9:15am	Tu	$45/$60

WOMEN'S WELLNESS RETREAT

Do you need to recharge and spend some time focusing on yourself? We hear you. We are holding a Holistic Wellness Retreat at Camp Neyati the weekend of September 26 -September 27. One Day or Overnight Options.

Pilates, Sound Bath, Reiki, Breathwork Classes and more. Daily Meals, Snacks and Drinks provided.

				Member/Participant
9/26 ONLY	10135 A	9:00am-6:00pm	Sa	$250
9/26-9/27	10135 B	9:00am-11:00am	Sa/Su	$350/

PELVIC FLOOR WORKSHOP

Learn and practice practical exercises to enhance pelvic health.

				Member/Participant
9/5-9/26	10040 A	10:30am-11:30am	Sa	$100/$125
11/7-12/5	10040 B	10:30am-11:30am	Sa	$100/$125

(No Class 11/28)

STRONG IN HER YEARS

A program designed by women for women to build knowledge of strength training and confidence in one's abilities.

				Member/Participant
8/30-9/27	10045 A	9:00am-10:00am	Su	$45/$60
10/4-10/25	10045 B	9:00am-10:00am	Su	$45/$60
11/1-11/22	10045 C	9:00am-10:00am	Su	$45/$60

TAI CHI

Experience the "meditation in motion" that has promoted health and serenity for centuries.

				Member/Participant
9/5-9/26	10132A	10:30am-12:00pm	Sa	$54/$72
10/3-10/24	10132B	10:30am-12:00pm	Sa	$54/$72
11/7-12/5	10132C	10:30am-12:00pm	Sa	$54/$72

(No Class on 11/28)

THE HARMONY PROJECT

A nervous system reset and a more balanced "you." Seek connection through grounding and embrace a fluid state of being.

Meditation				
8/19	10015A	6:50pm-7:20pm	W	$20
Floating Sound Bath				
10/21	10015B	6:50pm-7:20pm	W	$20
Deep Stretch				
12/16	10015B	6:50pm-7:20pm	W	$20

VALD DYNAMO ASSESSMENT

The VALD Dynamo is the gold standard in handheld assessment, transforming subjective "feel" into objective, clinical-grade data. Whether you are recovering from an injury, preparing for a season, or simply want to know exactly how strong you really are, this assessment provides the clarity you need. With over 300 specialized tests, every assessment is personalized to you. Book a comprehensive VALD Dynamo assessment today for quantifiable results, to identify asymmetries, visually track progress and target training.

Email: wellness@greatermidland.org. Phone: 989-923-4622

REGISTER NOW

AQUATIC PROGRAMS

PRIVATE & SEMI-PRIVATE SWIM LESSONS

Looking for one-on-one instruction to improve technique, endurance and form? Does your little one need a little extra attention in the water? From toddlers to adults, private lessons are a great way to get individualized instruction and achieve your swimming goals. Private lessons are $50 for each 30-minute session. Semi-Private lessons are $30 per individual for each 30-minute session. **Email TMiller@greatermidland.org to register** for Semi-Private Lessons.



Fall 1				Member/Participant
8/31 - 9/28	11730-A	M	4:30pm - 5:00pm	$200
	11730-B	M	4:30pm - 5:00pm	$200
	11730-C	M	5:05pm - 5:35pm	$200
	11730-D	M	5:05pm - 5:35pm	$200
	11730-E	M	5:40pm - 6:10pm	$200
	11730-F	M	5:40pm - 6:10pm	$200
	11730-G	M	6:15pm - 6:45pm	$200
	11730-H	M	6:15pm - 6:45pm	$200
9/1 - 9/29	11730-I	Tu	4:30pm - 5:00pm	$250
	11730-J	Tu	5:05pm - 5:35pm	$250
	11730-K	Tu	5:40pm - 6:10pm	$250
	11730-L	Tu	6:15pm - 6:45pm	$250
9/2 - 9/30	11730-M	W	4:30pm - 5:00pm	$250
	11730-N	W	4:30pm - 5:00pm	$250
	11730-O	W	5:05pm - 5:35pm	$250
	11730-P	W	5:05pm - 5:35pm	$250
	11730-Q	W	5:40pm - 6:10pm	$250
	11730-R	W	5:40pm - 6:10pm	$250
	11730-S	W	6:15pm - 6:45pm	$250
	11730-T	W	6:15pm - 6:45pm	$250
9/5 - 10/3	11730-U	Sa	9:00am - 9:30am	$200
	11730-V	Sa	9:35am - 10:05am	$200
	11730-W	Sa	10:10am - 10:40am	$200
	11730-X	Sa	10:45am - 11:15am	$200

Fall 2				Member/Participant
10/5 - 11/2	11731-A	M	4:30pm - 5:00pm	$250
	11731-B	M	4:30pm - 5:00pm	$250
	11731-C	M	5:05pm - 5:35pm	$250
	11731-D	M	5:05pm - 5:35pm	$250
	11731-E	M	5:40pm - 6:10pm	$250
	11731-F	M	5:40pm - 6:10pm	$250
	11731-G	M	6:15pm - 6:45pm	$250
	11731-H	M	6:15pm - 6:45pm	$250
10/6 - 11/3	11731-I	Tu	4:30pm - 5:00pm	$250
	11731-J	Tu	5:05pm - 5:35pm	$250
	11731-K	Tu	5:40pm- 6:10pm	$250
	11731-L	Tu	6:15pm - 6:45pm	$250
10/7 - 11/4	11731-M	W	4:30pm - 5:00pm	$250
	11731-N	W	4:30pm - 5:00pm	$250
	11731-O	W	5:05pm - 5:35pm	$250
	11731-P	W	5:05pm - 5:35pm	$250
	11731-Q	W	5:40pm - 6:10pm	$250
	11731-R	W	5:40pm - 6:10pm	$250
	11731-S	W	6:15pm - 6:45pm	$250
	11731-T	W	6:15pm - 6:45pm	$250
10/10 - 11/7	11731-U	Sa	9:00am - 9:30am	$250
	11731-V	Sa	9:35am - 10:05am	$250
	11731-W	Sa	10:10am - 10:40am	$250
	11731-X	Sa	10:45am - 11:15am	$250

Fall 3				
11/9 - 12/14	11732-A	M	4:30pm - 5:00pm	$300
	11732-B	M	4:30pm - 5:00pm	$300
	11732-C	M	5:05pm - 5:35pm	$300
	11732-D	M	5:05pm - 5:35pm	$300
	11732-E	M	5:40pm - 6:10pm	$300
	11732-F	M	5:40pm - 6:10pm	$300
	11732-G	M	6:15pm - 6:45pm	$300
	11732-H	M	6:15pm - 6:45pm	$300
11/10 - 12/15	11732-I	Tu	4:30pm - 5:00pm	$300
	11732-J	Tu	5:05pm - 5:35pm	$300
	11732-K	Tu	5:40pm - 6:10pm	$300
	11732-L	Tu	6:15pm - 6:45pm	$300
11/11 - 12/16	11732-M	W	4:30pm - 5:00pm	$300
	11732-N	W	4:30pm - 5:00pm	$300
	11732-O	W	5:05pm - 5:35pm	$300
	11732-P	W	5:05pm - 5:35pm	$300
	11732-Q	W	5:40pm - 6:10pm	$300
	11732-R	W	5:40pm- 6:10pm	$300
	11732-S	W	6:15pm - 6:45pm	$300
	11732-T	W	6:15pm - 6:45pm	$300
11/14 - 12/19	11732-U	Sa	9:00am - 9:30am	$300
	11732-V	Sa	9:35am - 10:05am	$300
	11732-W	Sa	10:10am - 10:40am	$300
	11732-X	Sa	10:45am - 11:15am	$300

REGISTER NOW

AQUATIC PROGRAMS

WHAT YOU NEED TO KNOW BEFORE YOUR FIRST SWIM CLASS!

1. No make-ups will be given for any missed classes. Swim class fees do not include admittance to any open swim times.
2. Please bring hair ties/clips for hair that will hang in the face when wet.
3. Please remove street shoes before entering pool area.
4. Please be sure the student uses the bathroom before class.

GREATER MIDLAND SWIM PROGRAMS

LEARN TO SWIM LEVELS 1-6

AGES: 3-16 YEARS

Youth lessons are thoughtfully crafted to cater to various age groups and skill levels within each scheduled time slot. Here, children will journey to master fundamental water skills, gain essential water safety knowledge, and build their endurance. From beginners just starting to explore the water to advanced swimmers looking to refine their technique, we have a program tailored for everyone. For more in-depth information about each skill level, please scan the QR code. Join us and make a splash in the world of swimming!



Fall 1				Member/Participant
8/31 - 9/28	11001-A	M	4:30pm - 5:00pm	$62/$82
	11001-B	M	5:05pm - 5:35pm	$62/$82
	11001-C	M	5:40pm - 6:10pm	$62/$82
	11001-D	M	6:15pm - 6:45pm	$62/$82
9/1 - 9/29	11001-E	Tu	4:30pm - 5:00pm	$77/$102
	11001-F	Tu	5:05pm - 5:35pm	$77/$102
	11001-G	Tu	5:40pm - 6:10pm	$77/$102
	11001-H	Tu	6:15pm - 6:45pm	$77/$102
9/2 - 9/30	11001-I	W	4:30pm - 5:00pm	$77/$102
	11001-J	W	5:05pm - 5:35pm	$77/$102
	11001-K	W	5:40pm - 6:10pm	$77/$102
	11001-L	W	6:15pm - 6:45pm	$77/$102
9/5 - 10/3	11001-M	Sa	9:00am - 9:30am	$62/$82
	11001-N	Sa	9:35am - 10:05am	$62/$82
	11001-O	Sa	10:10am - 10:40am	$62/$82
	11001-P	Sa	10:45am - 11:15am	$62/$82

Fall 2				Member/Participant
10/5 - 11/2	11003-A	M	4:30pm - 5:00pm	$77/$102
	11003-B	M	5:05pm - 5:35pm	$77/$102
	11003-C	M	5:40pm - 6:10pm	$77/$102
	11003-D	M	6:15pm - 6:45pm	$77/$102
10/6 - 11/3	11003-E	Tu	4:30pm - 5:00pm	$77/$102
	11003-F	Tu	5:05pm - 5:35pm	$77/$102
	11003-G	Tu	5:40pm - 6:10pm	$77/$102
	11003-H	Tu	6:15pm - 6:45pm	$77/$102
10/7 - 11/4	11003-I	W	4:30pm - 5:00pm	$77/$102
	11003-J	W	5:05pm - 5:35pm	$77/$102
	11003-K	W	5:40pm - 6:10pm	$77/$102
	11003-L	W	6:15pm - 6:45pm	$77/$102
10/10 - 11/7	11003-M	Sa	9:00am - 9:30am	$77/$102
	11003-N	Sa	9:35am - 10:05am	$77/$102
	11003-O	Sa	10:10am - 10:40am	$77/$102
	11003-P	Sa	10:45am - 11:15am	$77/$102

Fall 3				Member/Participant
11/9 - 12/14	11006-A	M	4:30pm - 5:00pm	$91/$122
	11006-B	M	5:05pm - 5:35pm	$91/$122
	11006-C	M	5:40pm - 6:10pm	$91/$122
	11006-D	M	6:15pm - 6:45pm	$91/$122
11/10 - 12/15	11006-E	Tu	4:30pm - 5:00pm	$91/$122
	11006-F	Tu	5:05pm - 5:35pm	$91/$122
	11006-G	Tu	5:40pm - 6:10pm	$91/$122
	11006-H	Tu	6:15pm - 6:45pm	$91/$122
11/11 - 12/16	11006-I	W	4:30pm - 5:00pm	$91/$122
	11006-J	W	5:05pm - 5:35pm	$91/$122
	11006-K	W	5:40pm - 6:10pm	$91/$122
	11006-L	W	6:15pm- 6:45pm	$91/$122
11/9- 12/14	11006-M	Sa	9:00am - 9:30am	$77/$102
	11006-N	Sa	9:35am - 10:05am	$77/$102
	11006-O	Sa	10:10am - 10:40am	$77/$102
	11006-P	Sa	10:45am - 11:15am	$77/$102

REGISTER NOW



SWIM TEAM

MIDLAND DOLPHINS SWIM TEAM

Powered by the Greater Midland Community Center, the mission of the Midland Dolphins Swim Team is to promote competitive swimming in the Midland community while allowing each athlete to achieve his or her personal goals. We do this by providing the opportunities for our swimmers to swim at both local and competitive swim meets. Prices for all groups are based on a weekly fee and weeks change from session to session.

INFO: Buffy Hall at midlanddolphins@greatermidland.org

ADULT BEGINNER SWIM LESSONS — AGES: 18+

Adult swim lessons for anyone over the age of 18 who would like to increase their swimming ability and water comfort. This beginner class is designed for individuals with no swimming experience, or those with very little experience. Topics covered will include floating, front crawl, and underwater swimming.

				Member/Participant
9/2 - 9/30	11810-A	W	12:15pm - 12:45pm	$77/$102
9/3 - 10/1	11810-D	Th	4:30pm - 5:00pm	$77/$102
10/7 - 11/4	11810-B	W	12:15pm - 12:45pm	$77/$102
10/8 - 11/5	11810-E	Th	4:30pm - 5:00pm	$77/$102
11/12 - 12/17	11810-C	W	12:15pm - 12:45pm	$91/$122
	11810-F	Th	4:30pm - 5:00pm	$77/$102

LIFEGUARDING — AGES: 15 YEARS & UP

American Red Cross Lifeguard/First aid and CPR for Professional Rescuer Training: Prerequisites: Swim 150 yards continuously using breaststroke and/or front crawl, stop and immediately tread water for 2 minutes (legs only), then swim an additional 50 yards using breaststroke and/or front crawl. Swim 20 yards and dive to a minimum 7 foot depth and retrieve a 10lb object, kick with object on your chest back to starting point, and climb out of the pool. Must be 15 years old. Cost includes materials and certification card. Roughly 6 hours of online pre course work required. Registration date is September 1st, 2026.

Fall 3				Member/Participant
9/10 - 9/13	11910-A	Th-F	4:00pm - 9:00pm	$275
		Sa	8:00am - 4:00pm	
		Su	8:00am - 4:00pm (tentative)	



FAMILY FUN NIGHTS



FAMILY FUN NIGHTS

Gather your family at the Greater Midland Community Center and join us for an evening filled with fun and connection! Enjoy games, hands-on crafts, a photo booth, and themed activities designed for all ages. Each event offers something new, creating special memories without stretching your budget. Come laugh, play, and make lasting memories together! **Free for members, $7 per participant.**

Fall					
Neighboring Week	10/2	19000-A	F	5:00pm - 7:00pm	Free
Halloween Hullabaloo	10/30	19000-B	F	5:00pm - 7:00pm	Free
Swim with Santa	12/4	19000-D	F	5:00pm - 7:00pm	Free
New Years Eve Bash	12/31	19000-E	Th	4:00pm - 7:00pm	$10



KIDS NIGHT OUT AGES: 3-12

Would you like to spend an evening on your own? Bring your children ages 3-12 to the Community Center for an evening of fun! We will play at the Bounce House and Little Gym, create an arts and crafts project and participate in a variety of group games too. Dinner is provided, cheese/pepperoni pizza, dessert and juice. PRE-REGISTRATION is required by the Sunday prior to this program. All children must be potty-trained.

Fall					Member/Participant
9/18	Ages 3-6	19010-A	F	5:00pm - 8:00pm	$22/$30
	Ages 7-12	19010-B	F	5:00pm - 8:00pm	$22/$30
10/16	Ages 3-5	19010-E	F	5:00pm - 8:00pm	$22/$30
	Ages 6-8	19010-F	F	5:00pm - 8:00pm	$22/$30
	Ages 9-12	19010-G	F	5:00pm - 8:00pm	$22/$30
11/20	Ages 3-5	19010-I	F	5:00pm-8:00pm	$22/$30
	Ages 6-8	19010-J	F	5:00pm-8:00pm	$22/$30
	Ages 9-12	19010-K	F	5:00pm-8:00pm	$22/$30
12/18	Ages 3-5	19010-M	F	5:00pm-8:00pm	$22/$30
	Ages 6-8	19010-N	F	5:00pm-8:00pm	$22/$30
	Ages 9-12	19010-O	F	5:00pm-8:00pm	$22/$30

CUMULUS MEDIA

Radio, app, or stream - you can take it with you!

Enjoy your summer!

FALL 1: AUGUST 30-OCTOBER 3

PRESCHOOL AQUATICS Pg. 5

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Aqua Babies 4:30pm-5:00pm 6:15pm-6:45pm Guppies 5:05pm-5:35pm Goldfish 5:40pm-6:10pm		Aqua Babies 4:30pm-5:00pm Guppies 5:05pm-5:35pm 6:15pm-6:45pm Goldfish 5:40pm-6:10pm			Aqua Babies 9:00am-9:30am Guppies 9:35am-10:05am Goldfish 10:10am-10:40am 10:45am-11:15am

PRESCHOOL GYMNASTICS Pg. 6

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Tumble Babies 5:00pm-5:30pm Tumble Tots 5:35pm-6:05pm Tumble Kids 1 6:10pm-6:55pm	Lil' Ninja 5:00pm-5:30pm		Tumble Kids 2 5:00pm-5:45pm		Tumble Babies 9:00am-9:30am Tumble Tots 9:35am-10:05am Tumble Kids 1 10:10am-10:55am

PRESCHOOL ATHLETICS Pg. 6-7

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Play, Learn and Grow 1 4:35pm-5:05pm Beanbags, Hoops & Parachutes 5:10-5:40pm Peewee Sports Sampler 5:45pm-6:30pm				

YOUTH GYMNASTICS Pg. 7-8

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Jr. Ninja 5:35pm-6:20pm Ninja Kids 6:25pm-7:20pm		Beginner Gymnastics 1 5:50pm-6:45pm Beginner Gymnastics 2 6:50pm-7:45pm		Beginner Gymnastics 1 11:00am-11:55am

YOUTH CHEER & POM Pg. 8

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Intro to Cheer & Pom 7:00pm-7:55pm					

YOUTH VOLLEYBALL PROGRAMS Pg. 9

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Youth Volleyball Skills Clinic 6:00pm-6:55pm		Youth Volleyball Skills Clinics 6:00pm-6:55pm Jr Volleyball 5:00pm-5:45pm	Youth Volleyball Skills Clinics 5:00pm-5:55pm 6:00pm-6:55pm		

YOUTH RECREATION PROGRAMS Pg. 9

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					Kids Night Out 5:00pm-8:00pm	Parents & Kids Sew 1:00pm-3:30pm

YOUTH BASKETBALL PROGRAMS Pg. 10-11

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Jr Basketball League 6:35pm-7:30pm				

AQUATICS: Greater Midland Swim Levels are divided by AGE AND ABILITY within each time slot. Sign your child up for the time that accommodates your schedule and a qualified Greater Midland Instructor will divide him/her into the appropriate levels. This allows you to accommodate all of your children in one time frame! See pg. 15 for more details.

AQUATICS Pg. 16-18

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Private/Semi PrivateLessons 4:30pm - 5:00pm 5:05pm - 5:35pm 5:40pm - 6:10pm 6:15pm - 6:45pm Learn to Swim Levels 1-6 4:30pm-5:00pm 5:05pm-5:35pm 5:40pm-6:10pm 6:15pm-6:45pm	Private/Semi Private Lessons 4:30pm - 5:00pm 5:05pm - 5:35pm 5:40pm - 6:10pm 6:15pm - 6:45pm Learn to Swim Levels 1-6 4:30pm-5:00pm 5:05pm-5:35pm 5:40pm-6:10pm 6:15pm-6:45pm	Private/Semi Private Lessons 4:30pm - 5:00pm 5:05pm - 5:35pm 5:40pm - 6:10pm 6:15pm - 6:45pm Learn to Swim Levels 1-6 4:30pm-5:00pm 5:05pm-5:35pm 5:40pm-6:10pm 6:15pm-6:45pm			Private/Semi Private Lessons 9:00am-9:30am 9:35am-10:05am 10:10am-10:40am 10:45am-11:15am Learn to Swim Levels 1-6 9:00am-9:30am 9:35am-10:05am 10:10am-10:40am 10:45am-11:15am

FALL 2: OCTOBER 4-NOVEMBER 7

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PRESCHOOL AQUATICS Pg. 5		Aqua Babies 4:30pm-5:00pm 6:15pm-6:45pm Guppies 5:05pm-5:35pm Goldfish 5:40pm-6:10pm		Aqua Babies 4:30pm - 5:00pm Guppies 5:05pm - 5:35pm 6:15pm - 6:45pm Goldfish 5:40pm - 6:10pm			Aqua Babies 9:00am-9:30am Guppies 9:35am-10:05am Goldfish 10:10am-10:40am 10:45-11:15am
PRESCHOOL GYMNASTICS Pg. 6		Tumble Babies 5:00pm-5:30pm Tumble Tots 5:35pm-6:05pm Tumble Kids 1 6:10pm-6:55pm	Lil' Ninja 5:00pm-5:30pm		Tumble Kids 2 5:00pm-5:45pm		Tumble Babies 9:00am-9:30am Tumble Tots 9:35am-10:05am Tumble Kids 1 10:10am-10:55am
PRESCHOOL ATHLETICS Pg. 6-7		Mini Sports Sampler 4:35pm-5:05pm Pee Wee Sports Sampler 5:10pm-5:55pm	Mini Sports Sampler 5:10pm-5:40pm Pee Wee Sports Sampler 5:45pm-6:30pm				Mini Sports Sampler 10:00am-10:30am Pee Wee Sports Sampler 10:35am-11:25am
YOUTH GYMNASTICS Pg. 7-8			Jr. Ninja 5:35pm-6:20pm Ninja Kids 6:25pm-7:20pm		Beginner Gymnastics 1 5:50pm-6:45pm Beginner Gymnastics 2 6:50pm-7:45pm		Beginner Gymnastics 1 11:00am-11:55am
YOUTH CHEER & POM Pg. 8		Intro to Cheer & Pom 7:00pm-7:55pm					
YOUTH VOLLEYBALL PROGRAMS Pg. 9				Jr Volleyball 5:00pm-5:45pm	Youth Volleyball Skills Clinics 5:00pm-5:55pm 6:00pm-6:55pm		
YOUTH RECREATION PROGRAMS Pg. 9	Kids Sew 1:00pm-3:30pm					Kids Night Out 5:00pm-8:00pm	Parents & Kids Sew 1:00pm-3:30pm
YOUTH BASKETBALL PROGRAMS Pg. 10-11	Rookies BBall 3:00pm-3:55pm Pros & Champs BBALL 4:00pm-4:55pm	Jr Basketball League 6:00pm-6:55pm	Jr Basketball League 6:35pm-7:30pm				Jr Basketball League 9:00am-9:55am

AQUATICS: Greater Midland Swim Levels are divided by AGE AND ABILITY within each time slot. Sign your child up for the time that accommodates your schedule and a qualified Greater Midland Instructor will divide him/her into the appropriate levels. This allows you to accommodate all of your children in one time frame! See pg. 15 for more details.

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AQUATICS Pg. 16-18		Private/Semi PrivateLessons 4:30pm - 5:00pm 5:05pm - 5:35pm 5:40pm - 6:10pm 6:15pm - 6:45pm Learn to Swim Levels 1-6 4:30pm-5:00pm 5:05pm-5:35pm 5:40pm-6:10pm 6:15pm-6:45pm	Private/Semi Private Lessons 4:30pm - 5:00pm 5:05pm - 5:35pm 5:40pm - 6:10pm 6:15pm - 6:45pm Learn to Swim Levels 1-6 4:30pm-5:00pm 5:05pm-5:35pm 5:40pm-6:10pm 6:15pm-6:45pm	Private/Semi Private Lessons 4:30pm - 5:00pm 5:05pm - 5:35pm 5:40pm - 6:10pm 6:15pm - 6:45pm Learn to Swim Levels 1-6 4:30pm-5:00pm 5:05pm-5:35pm 5:40pm-6:10pm 6:15pm-6:45pm			Private/Semi Private Lessons 9:00am-9:30am 9:35am-10:05am 10:10am-10:40am 10:45am-11:15am Learn to Swim Levels 1-6 9:00am-9:30am 9:35am-10:05am 10:10am-10:40am 10:45am-11:15am

For more information about our programs visit: GREATERMIDLAND.ORG/PROGRAMS

FALL 3: NOVEMBER 8-DECEMBER 19

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PRESCHOOL AQUATICS Pg. 5		Aqua Babies 4:30pm-5:00pm 6:15pm-6:45pm Guppies 5:05pm-5:35pm Goldfish 5:40pm-6:10pm		Aqua Babies 4:30pm - 5:00pm Guppies 5:05pm - 5:35pm 6:15pm - 6:45pm Goldfish 5:40pm - 6:10pm			Aqua Babies 9:00am-9:30am Guppies 9:35am-10:05am Goldfish 10:10am-10:40am 10:45am-11:15am
PRESCHOOL GYMNASTICS Pg.6		Tumble Babies 5:00pm-5:30pm Tumble Tots 5:35pm-6:05pm Tumble Kids 1 6:10pm-6:55pm	Lil' Ninja 5:00pm-5:30pm		Tumble Kids 2 5:00pm-5:45pm		Tumble Babies 9:00am-9:30am Tumble Tots 9:35am-10:05am Tumble Kids 1 10:10am-10:55am
PRESCHOOL ATHLETICS Pg. 6-7		Mini Sports Sampler 4:35pm-5:05pm Peewee Hoop Stars Basketball 5:10pm-5:55pm	Mini Sports Sampler 5:10pm-5:40pm Peewee Hoop Stars Basketball 5:45pm-6:30pm				Mini Sports Sampler 10:00am-10:30am Peewee Hoop Stars Basketball 10:35am-11:20am
YOUTH GYMNASTICS Pg. 7-8			Jr. Ninja 5:35pm-6:20pm Ninja Kids 6:25pm-7:20pm		Beginner Gymnastics 1 5:50pm-6:45pm Beginner Gymnastics 2 6:50pm-7:45pm		Beginner Gymnastics 1 11:00am-11:55am
YOUTH CHEER & POM Pg. 8		Intro to Cheer & Pom 7:00pm-7:55pm					
YOUTH VOLLEYBALL PROGRAMS Pg. 9				Jr Volleyball 5:00pm-5:45pm	Youth Volleyball Skills Clinics 5:00pm-5:55pm 6:00pm-6:55pm		
YOUTH RECREATION PROGRAMS Pg.9	Kids Sew 1:00pm-3:30pm					Kids Night Out 5:00pm-8:00pm	Parents & Kids Sew 1:00pm-3:30pm
YOUTH BASKETBALL PROGRAMS Pg. 10-11	Boys Pre-Season Basketball Clinic 4:00pm-5:30pm	PeeWee Hoop Stars 5:10pm-5:55pm Jr Basketball League 6:00pm-6:55pm	PeeWee Hoop Stars 5:45-6:30p Jr Basketball League 6:35pm-7:30pm				Jr Basketball League 9:00am-9:55am PeeWee Hoop Stars 10:35am-11:20am

AQUATICS: Greater Midland Swim Levels are divided by AGE AND ABILITY within each time slot. Sign your child up for the time that accommodates your schedule and a qualified Greater Midland Instructor will divide him/her into the appropriate levels. This allows you to accommodate all of your children in one time frame! See pg. 15 for more details.

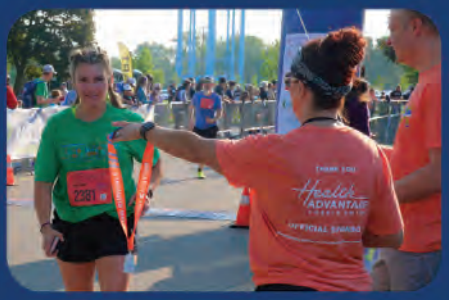
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AQUATICS Pg. 16-18		Private/Semi PrivateLessons 4:30pm - 5:00pm 5:05pm - 5:35pm 5:40pm - 6:10pm 6:15pm - 6:45pm Learn to Swim Levels 1-6 4:30pm-5:00pm 5:05pm-5:35pm 5:40pm-6:10pm 6:15pm-6:45pm	Private/Semi Private Lessons 4:30pm - 5:00pm 5:05pm - 5:35pm 5:40pm - 6:10pm 6:15pm - 6:45pm Learn to Swim Levels 1-6 4:30pm-5:00pm 5:05pm-5:35pm 5:40pm-6:10pm 6:15pm-6:45pm	Private/Semi Private Lessons 4:30pm - 5:00pm 5:05pm - 5:35pm 5:40pm - 6:10pm 6:15pm - 6:45pm Learn to Swim Levels 1-6 4:30pm-5:00pm 5:05pm-5:35pm 5:40pm-6:10pm 6:15pm-6:45pm			Private/Semi Private Lessons 9:00am-9:30am 9:35am-10:05am 10:10am-10:40am 10:45am-11:15am Learn to Swim Levels 1-6 9:00am-9:30am 9:35am-10:05am 10:10am-10:40am 10:45am-11:15am

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